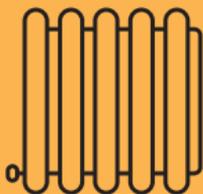




Winterization



SMALL CHANGES- BIG EFFECT

*Tips for more efficient use of
energy resources at home.*

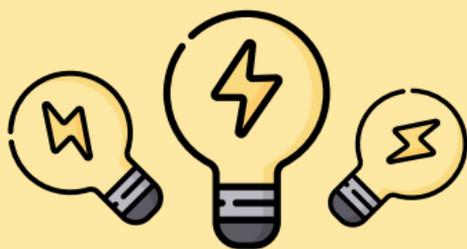
Saving electricity, water and heat means saving money!

The rules for paying utility bills can be complex. Especially now during the winter of 2022/2023, it is very important to understand what they consist of and how to save the energy you produce. In Poland, the various utilities are metered and billed separately. Below you will find the most important information and tips on how to use them efficiently.



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Electricity



Electricity is consumed every time you use an electrical appliance, from your mobile phone to your hairdryer.

Usually, the price of electricity is not included in your rent. You pay for as much electricity as you use.

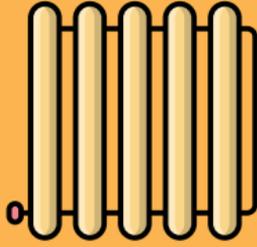
Here are some simple tips on how to save electricity:

- ⚡ Turn off the lights in all rooms if you don't need them - use daylight;
- ⚡ Unplug appliances (including phone chargers) when not in use;
- ⚡ Wash at a maximum of 40 degrees, which is usually enough to clean clothes;
- ⚡ Replace light bulbs with energy-efficient ones;
- ⚡ Cook food under a lid (holding and not letting the heat out);
- ⚡ Open the oven as little as possible when baking (holding and not letting the heat out);
- ⚡ Enable eco mode on appliances (e.g. washing machine) if possible - you will use less electricity.

Did you know?

Typical consumption for a one-person household is around 80 PNL per month, for a family around 200 PNL.

Heating



Heating costs are usually included in the rental agreement. If you exceed the amount that is stipulated in the contract, you may have to pay a surcharge.

So - how do you save heat and still keep your home warm?

- 🔥 Try to heat rooms to a maximum of 21 degrees. In the bedroom, 17-19 degrees is sufficient. Lower temperature = less expenditure.
- 🔥 Consider turning off the heating when you leave the house. Don't turn it off completely as this can cause mold - ask your landlord before if it makes sense as the temperature may be regulated automatically.
- 🔥 Ventilate the rooms several times a day for short periods of time: fresh air, mold prevention and energy efficiency all in one!
- 🔥 Turn off the heating before opening the windows. Don't let valuable heat escape through the window! Use natural heat: Open windows when the sun is out and keep them closed when it's cold and cloudy.
- 🔥 Install reflective screens behind radiators.
- 🔥 Make sure radiators are properly uncovered - don't block radiators with heavy furniture or cover them with curtains - but you can cover the windows themselves, especially at night during heavy frost.

Did you know?

For a detached house the bills are around 900PLN - 2,500PLN per month, depending on the size and insulation of the building.

Water



Your rent usually includes a basic amount of water. If you use more water than specified in your contract, you will be asked to pay a surcharge. Water is a precious resource - use it wisely.

Tips on how to save water:

- Take a 5-minute shower instead of a bath;
- Turn down the temperature when showering to save energy;
- Don't clean dishes under running water - instead fill a bowl and close the tap;
- Only use the dishwasher when it is full to save water and electricity at the same time;
- Try to regulate the amount of water when flushing the toilet - for example, install a button with the ability to flush less;
- Turn off the tap when brushing your teeth and/or shaving;
- Tighten or repair a dripping tap (or more importantly a leaking cistern);
- Do not turn the tap fully on when washing your hands;
- Use single handle faucets.

Did you know?

Not all washing machines can match the water consumption to the content. Therefore, only set your laundry when the machine is mostly full. To use as little water as possible, also use eco mode when washing.

In Poland, 1 cubic meter of hot water and 3 cubic meters of cold water per person are counted.